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This week's Insights is dedicated in loving memory of Zev Volf ben Yosef. "May his Neshama have an Aliya!"

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Based on the Torah of our Rosh HaYeshiva HaRav Yochanan Zweig

PARSHAS NITZAVIM

The Real You

[...] there among the nations that I have banished you, you will reflect on the situation. You will then return to Hashem your God and you will obey him [...] You and your children (will repent) with all your heart and soul (30:1-2).

of teshuvah that is introduced above penitent, how can he look himself in the Ramban continues: (30:1-2).places."

Ramban's description of the mitzvah of teshuvah as rather easy can be difficult to comprehend. After all, year after year, we seem to find ourselves in the same situation and repenting for the same sins as in previous years. Ramban's comment on the ease of teshuvah is reminiscent of the not-yetreformed smoker who says "quitting smoking is the easiest thing in the world I have done it a hundred times."

This becomes even more troubling Maimonides' when we examine description of teshuvah (Yad Hilchos Teshuvah 2:2): "What constitutes teshuvah? A sinner must abandon his sins and remove them from his thoughts, resolving in his heart, never to commit them again [...] Similarly, he must regret the past. He must attain a level that he knows (that the Almighty) will testify for him that he will never return to this sin again [...]. He must verbally confess and state these matters which he resolved in his heart."

Clearly, the objective is to regret the past and pledge to never again commit those sins again. How can anyone honestly come back year after year and

Ramban understands the verse, "This say the exact same words, asking commandment that you are charged (to forgiveness for the same sins time and obey) isn't hidden nor far off from time again? At what point is it no longer you" (30:11), as referring to the mitzvah believable? Even in the case of the truly "this mirror after resolving to no longer mitzvah is, in fact, not hard to do and it commit the sins that he knows he'll be they aren't dealing with this as a new can be done at all times and in all repenting for again next Rosh Hashanah and Yom Kippur? What kind of teshuvah is this? What honest commitment can one possibly make? The answer to this question is probably the key to understanding what we are trying to accomplish during these "ten days of repentance."

> In all likelihood you, or someone you the past 2) resolve to no longer commit know, has struggled with their weight at the transgression. In other words, we some point. Imagine, for a moment, commit to making a real change. While someone who is very overweight, but it is true that we must distance has committed to a strict diet, suddenly ourselves from how we behaved in the facing a crucial test: a pizza pie with all past, our commitment isn't merely a the toppings, accompanied by two extra behavioral change, it is a change of self--large orders of fries, has "miraculously" definition. We must say, "In the coming been delivered to them. Obviously, year I may be faced with a test of the some people will be able to overcome same sin, and hopefully I will be able to their urge to inhale this pizza and fries restrain myself because I truly do not (we call them weirdos). But others will want to be that type of person." likely succumb to their desires. Why?

trying to change themselves. Therefore, to teshuvah (see Ramban on 30:6).



situation; thev are, reality, succumbing to their past mistakes and accepting that as their reality. This new eating indiscretion is rooted in their past behavior, which is why they fail.

This is exactly what teshuvah is supposed to address; when we commit to doing teshuvah we have to 1) regret

"But even if I fail, it will be because I Most people who succumb to the "pizza couldn't control myself, it will absolutely test" are thinking, "Let's face it - I weigh not be a transgression based on my 300 lbs., who am I kidding?" and past behavior." At that point one's proceed to devour the entire pizza and transgressions are not a repetition of fries. In other words, the reason they past sins. This is why Ramban says it is continue down the same path is not hard to do. One has to merely because they look at themselves as decide to be the person he wants to overweight. Their diet was rooted in become, and commit to leave who he trying to change their behavior – when currently is behind. At that point they really should have been focused on Hashem will help him find the true path

What Are Kids Good For?

Gather together all the people – men, women, small children [...] so that they will hear and so that they will learn and they will fear Hashem [...] (31:12).

mitzvah of hakhel – the gathering of to be saying that the extra strain of other team themed items? What the entirety of the Jewish people on bringing the very young children will possible purpose can there be in such the holiday of Sukkos following the bring some kind of reward to their an effort? Clearly, the child will have shemitta year. The king at that time much beleaguered parents. Perhaps no recollection of the event or of his would read from different sections in this can be understood along the lines parents' single-minded obsession; so, the Chumash of Devarim from an of the Talmudic dictum (Avos 5:26) why would someone go to all that elevated platform. The Gemara (Bavli "commensurate to the pain is the effort? Chagiga 3a) explains that the men reward." But notwithstanding the fact came to study and the women came to that children can inflict exquisite hear. The Gemara then asks; "Why did discomfort on their parents, this the very small children come? To give cannot be the sole reason for bringing those them" (ibid).

Maharsha (ad loc) explains that the Gemara wonders why the Torah discusses the children in this verse and then mentions the children again in the very next verse. In fact, the next verse clearly explains that the children are coming to learn from the experience. So, explains Maharsha, the in order "to give reward to those that fans bring their one year old children legacy of the Jewish people. bring them."

This week's parsha contains the Simply understood, the Gemara seems out in baby sized team jerseys and that brought them. First of all, older children can be even more painful to drag to a speech that they can hardly understand. Second, if it is simply to make the difficult, experience more shouldn't even people without young children have to do something to make the experience more trying? Why are only parents of very young children worthy of this added aggravation?

to baseball and football games decked

The answer has to be that it is an internalization, for ourselves and our children, that we want our legacy to be connected to this ideal. There are families who take great pride in being multigenerational fans of certain teams. So too, by the mitzvah of hakhel we are expressing the ideal, that our deepest desire is for our children to be connected and bound to the values of the Torah and the Jewish people. The reason these parents earn special reward isn't because of the added aggravation; it is because they first verse must be talking about Obviously, there has to be another are making the greatest expression of children who are too young to gain reason why we bring very young their personal commitment to Hashem from the experience. Therefore, the children to such a gathering. Have you and his Torah: They want their children Gemara explains they are only coming ever noticed that some sports crazy to follow in their footsteps and the

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